



BURGERS AND MORE



Includes your choice of organic greens or kettle chips

SIGNATURE FAVORITES

BLACK AND BLEU - 12.99

100% Bison patty with blackened seasoning, bleu cheese, lettuce, tomato, and onion on a ciabatta bun with roasted tomato vegan aioli

CARNIVORE BURGER - 14.99

100% Bison patty, black forest ham, peppered bacon, over medium egg, pepper jack cheese, lettuce, tomato, and onion on a ciabatta bun with dijon aioli

HERBIVORE BURGER - 12.99

Beyond burger, celebration roast, tempeh, soy cheese, lettuce, tomato, and onion on a vegan pub bun with vegan mayo

VEGAN BLACK BEAN - 9.99

House made bean patty, lettuce, tomato, and onion on a vegan pub bun with roasted vegan tomato aioli

SOUTHWEST CHICKEN - 12.99

Non-GMO chicken breast, sauteed anaheim peppers and onion, swiss cheese on a ciabatta bun with honey habanero cream cheese

BUILD YOUR OWN BURGER - 10.99

On pub bun or gluten free (+1.00)

STEP 1:

Pick your patty

Grassfed, Beyond, Chicken, Bison (+1.00)

STEP 2:

Pick your veggies (limit 4)

Lettuce • Tomato • Jalapeno • Mushrooms
Onion • Pickles • Caramelized Onion

STEP 3:

Pick your sauce (limit 2)

Mayo • Vegan Mayo
Pesto • Dijon
Stone Ground
BBQ Sauce
Honey Habanero

STEP 4:

Additions

Avocado - .75
Cheese - 1.00
Protein - 2.00
Egg - 1.25
Extra Patty - 5.00



WRAPS

CHICKEN CAESAR WRAP - 10.99

Non-GMO chicken, lettuce, tomato, onion, house caesar dressing, and parmesan cheese on a flour tortilla

SALMON CAESAR WRAP - 13.99

Wild-caught Alaskan salmon, lettuce, tomato, onion, house caesar dressing, and parmesan cheese on a flour tortilla

BBQ CHICKEN WRAP - 10.99

Non-GMO chicken, lettuce, tomato, onion, house ranch dressing, and Stubb's BBQ sauce on a flour tortilla

THAI CHICKEN WRAP - 10.99

Non-GMO chicken breast, lettuce, tomato, onion, house peanut sauce on a flour tortilla

ASK FOR TOFU
AS A VEGETARIAN OPTION

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.



BREAKFAST



Served all day

SANDWICHES AND BURRITOS

FRIED EGG SANDWICH - 8.99

Two over medium eggs, bacon, arugula, gouda cheese, and pesto aioli on sourdough toast

BAGEL SANDWICH - 7.99

Two scrambled eggs, ham, and cheddar cheese on toasted bagel

WAFFLE SANDWICH - 10.99

Two scrambled eggs and bacon sandwiched in a Belgian waffle

MONTE CRISTO - 10.99

Sliced black forest ham, swiss cheese and jam sandwiched in two slices of french toast served with roasted potatoes

DIABLO BURRITO - 7.99

Two scrambled eggs, andouille sausage, roasted potatoes, green chilis, pepper jack cheese, and sriracha sour cream in a tortilla

CHICKEN APPLE BURRITO - 7.99

Two scrambled eggs, chicken apple sausage, roasted potatoes, green chilis and cheddar in a flour tortilla

VEGGIE BURRITO - 6.99

Two scrambled eggs, zucchini, mushrooms, onion, peppers and soy cheese in a tortilla

OMELETTES - 10.99

Served with potatoes, tomatoes or toast

BACON GOUDA with guacamole

VEGGIE zucchini, onion, mushrooms, and peppers

MEDITERRANEAN kalamata olives, mushrooms, cherry tomatoes, capers, spinach, feta, and pesto

DENVER peppered bacon, ham, peppers, onion, and pepper jack cheese

HAM AND CHEDDAR black forest ham and Tillamook cheddar

MUSHROOM AND SWISS sauteed organic mushrooms and cheese

SIDES & EXTRAS

Avocado - .75

Add berries - 1.00

Two eggs - 2.99

Protein - 2.99

Toast with jam - 2.99

Sauteed veggies - 2.99

Two eggs with cheese or spinach - 3.99

Plain oatmeal - 3.99



CLASSICS

9TH STREET BREAKFAST - 6.99

Two eggs your way, side of protein and choice of potatoes, tomatoes, or toast

*protein options: bacon, ham, turkey, chicken apple sausage, andouille sausage, vegan links, veggie patties

BISTRO SCRAMBLE - 9.99

Eggs or tofu, zucchini, mushrooms, onion, and peppers served with potatoes, tomatoes, or toast

FRENCH TOAST - FULL 8.99 / HALF 4.99

White bread wedges dipped in cinnamon swirl batter with powdered sugar on top

GOLDEN MALT WAFFLE - 6.99

GF WAFFLE - 8.99

SNOQUALMIE PANCAKE - 3.99

GF PANCAKE - 7.99

STACK OF 3 PANCAKES - 9.99

3 BLUE PANCAKES - 11.99

ORGANIC BRULEE OATMEAL - 6.99

Dried apples and nuts bruleed with sugar and served with syrup and cream

ORGANIC BERRY OATMEAL - 6.99

Berries served with syrup and cream



SANDWICHES

Made with organic produce when available

SIGNATURE FAVORITES

Includes your choice or organic greens or kettle chips

FRENCH DIP - 12.99

Sliced roast beef, caramelized onions, Swiss cheese and horseradish aioli on a hoagie bun served with au jus

PORTOBELLO MOZZARELLA - 11.99

Roasted portobello mushrooms with balsamic vinaigrette and garlic, shredded mozzarella, roasted red peppers, tomato, and pesto on toasted sourdough bread

VEGGIE CLUB - 11.99

Celebration roast, tempeh, soy cheese, lettuce, tomato, and vegan mayo layered on three slices of wheat bread

BISTRO CLUB - 12.99

Sliced turkey, peppered bacon, cheddar cheese, lettuce, tomato, and mayo layered on three slices of wheat bread

BUILD YOUR OWN SANDWICH

HALF - 5.49 WHOLE - 7.99

STEP 1:

Pick your bread
wheat, white sourdough, hoagie, GF (+1.00)
(toasted/untoasted)

STEP 2:

Pick your spread (limit 2)
Mayo • Vegan Mayo • Stone Ground
Dijon • Pesto • Hummus • Olive Tapenade
Roasted Tomato Vegan Aioli

STEP 3:

Pick your cheese (limit 1)
Cheddar • Gouda • Swiss • Pepper Jack
Mozzarella • Vegan Cheese

STEP 4:

Pick your protein (limit 1)
Ham • Roast Beef • Turkey • Chicken
Bacon • Celebration Roast • Tempeh

STEP 5:

Pick your veggies (limit 4)
Lettuce • Tomato • Onion • Spinach
Jalapeno • Cucumber • Pepperoncini
Pickles • Caramelized Onion

Additions

Avocado - .75
Extra Cheese - 1.00
Extra Protein - 2.00
Extra veggies - .50
Side chips - 1.00
Side salad - 2.99

LIGHT OPTIONS - 4.49

Grilled cheese
Peanut butter and jam
Peanut butter and honey
Almond butter and jam
Almond butter and honey



BEER AND WINE

CRAFT BEER

River City Brewing
Yakima, Wa
Midnight Marmot Stout
ABV: 8.7% IBU: 78

No Li Brewhouse
Spokane, WA
Jet Juiced IPA
ABV 7.5% IBU: 40

Kona Brewing Co.
Kona, HI
Big Wave Golden
ABV: 4.4% IBU: 21

Breckenridge Brewery
Littleton, CO.
Vanilla Porter
ABV: 5.4% IBU: 16

Grand Teton Brewing Co.
Victor, ID
Amber Ale
ABV: 4.7% IBU: 31

ACE Cider
Sebastopol, CA
Cider
ABV: 5% IBU: N/A

Ten Barrel Brewing Co.
Bend, OR
Apocalypse IPA
ABV: 6.8% IBU: 70

Post Falls Brewing Co.
Post Falls, ID
Whole Lotta Rosie Amber
ABV: 6.5% IBU: 21

WINE SELECTION

Red Wine

Huckleberry's 9th St
Washington
Cabernet Merlot

Huckleberry's 9th St
Washington
Villa Rosso

Kenwood
California
Merlot

Kenwood
California
Pinot Noir

Kenwood
California
Zinfandel

Callaway
California
Cabernet Sauvignon

White Wine

I-Can
Washington
375ml Chardonnay

Yellow Tail
Australia
Riesling

Jacob's Creek
Australia
Moscato

Kenwood
California
Chardonnay

Benvolio
Italy
Pinot Grigio

Rose

I-Can
375ml Rose
Washington

Sparkling

Freixenet Brut
Spain

Mimosa

Organic orange
juice and Brut

BEER & WINE: \$5.00 A GLASS

OMELETTE AND PASTA BAR

We are offering our made to order:

OMELETTE BAR - SATURDAY AND SUNDAY 7AM-1PM
\$11.99

Includes a 16 ounce coffee, a side of potatoes, tomatoes, or toast and fresh fruit

PASTA BAR - FRIDAY AND SATURDAY 3:30PM-8:30PM
\$11.99

Includes a side green salad and a breadstick



ESPRESSO AND TEA

Made at our Juice Bar

ESPRESSO

SINGLE SHOT - 1.00

AMERICANO

Double Shot, Any Size - 2.50

LATTE/CAPPUCCINO

12oz	16oz	20oz	24oz
3.49	3.99	4.49	4.99

MOCHA/FLAVORED LATTE

12oz	16oz	20oz	24oz
3.49	3.99	4.49	4.99

ADDITIONAL SHOT/FLAVOR

WHITE COFFEE

MILK ALTERNATIVE - .69

COFFEE OF THE DAY

16oz Double Shot Changes Daily
3.99

TEA AND MORE

ICED TEA

12oz	16oz	20oz	24oz
1.99	2.49	2.99	3.49

CHAI TEA

12oz	16oz	20oz	24oz
3.49	3.99	4.49	4.99

MATTE LATTE

12oz	16oz	20oz	24oz
3.49	3.99	4.49	4.99

LAVENDER MATTE

12oz	16oz	20oz	24oz
3.49	3.99	4.49	4.99

HOT TEA BAGS - 1.99



COFFEE AND MORE

Made at our Juice Bar

COFFEE AND TEA

LOCATED AT OUR DRIP COFFEE BAR

CHOOSE FROM A VARIETY OF DRIP COFFEE

12oz	16oz	20oz	24oz
1.99	2.29	2.59	2.89

YERBA MATE

12oz	16oz	20oz	24oz
1.99	2.29	2.59	2.89

ORGANIC MILK CHOICES

Whole, Fat-Free, Almond, Coconut, Oat, Soy, Hemp, Half/Half

FLAVOR CHOICES

Vanilla, Hazelnut, Irish Cream, Peppermint, Butterscotch, Salted Caramel, Almond, Coconut, Macadamia Nut, English Toffee, Toasted Marshmallow, White Chocolate, Chocolate, Caramel

Ask About Our Fruit and Seasonal Flavors

OTHER OPTIONS

FRAPPE

Select Your Flavor And Milk

12oz	16oz	20oz	24oz
3.49	3.99	4.49	4.99

HOT CHOCOLATE OR STEAMER

Select Your Flavor And Milk

12oz	16oz	20oz	24oz
2.99	3.29	3.69	3.99

ITALIAN SODA

12oz	16oz	20oz	24oz
2.99	3.29	3.69	3.99

COLD BREW

12oz	16oz	20oz	24oz
3.49	4.49	5.49	6.49

ADDITIONAL JUICES

BUILD YOUR OWN JUICE

12oz	16oz	20oz	24oz
5.99	6.99	7.99	8.99

Step 1: pick your base (limit 2)

- Carrot
- Celery
- Cucumber
- Grapefruit
- Orange
- Pear
- Apple
- Pineapple

Step 2: pick your flavor builder (limit 4)

- Blueberry
- Cranberry
- Lemon
- Lime
- Grapes
- Beet
- Cabbage
- Jalapeno
- Garlic
- Kale
- Parsley
- Spinach

Make it a Smoothie: *see smoothie price

- Mango
- Peach
- Strawberry
- Banana
- Kiwi

INFUSIONS - 2.00

Matcha powder, Almond butter, Peanut butter, Spirulina, Yogurt, Hemp protein, Pea protein, Whey protein

1oz wheatgrass - 3.99

1oz ginger - 2.00

HOT JUICES

12oz	16oz	20oz	24oz
5.99	6.99	7.99	8.99

BUMBLE BEE -

Apple, pear, lemon, cardamom, honey

MONICA -

Apple, lime, mint, ginger

IMMUNITY OVERDRIVE -

Orange, grapefruit, lemon, lime, honey, ginger, cayenne, turmeric, black pepper

KICK IN THE PANTS

Lemon, honey, ginger, turmeric, black pepper, cayenne

3.00

JUICE OF THE DAY

12oz juice
Changes daily

3.99

IN STORE PRODUCE

2.00/8oz juice
2.00/1oz ginger





SIGNATURE JUICES

12oz	16oz	20oz	24oz
5.99	6.99	7.99	8.99

- BEETLE JUICE -**
Beet, apple, kale, pineapple, orange
- CITRUS CITY -**
Lemon, lime, orange, grapefruit
- CRANTASTIC -**
Pear, cucumber, mint, cranberry
- ELVIS PARSLEY -**
Celery, carrot, garlic, beet, parsley
- JUMPSTART -**
Grapefruit, apple, ginger, spirulina
- MERMAID -**
Apple, pear, pineapple, wheatgrass, spirulina
- PURPLE RAIN -**
Apple, grapefruit, blueberry, ginger
- ROYAL FLUSH -**
Beet, carrot, apple, ginger, lime
- VEGGIE PARADISE -**
Cucumber, spinach, carrot, celery, cabbage, parsley

SMOOTHIES

12oz	16oz	20oz	24oz
6.99	7.49	7.99	8.49

- BEETING HEART -**
Apple, carrot, beet, celery, strawberry
- BERRY REFRESHER -**
Banana, strawberry, blueberry, mango, orange
- CAPTAIN CARROT -**
Carrot, banana, pineapple, cinnamon
- GILLIGAN'S ISLAND -**
Orange, pineapple, banana, mango
- GREENMAN -**
Apple, pear, cucumber, spinach, kale, mint, parsley, lemon, kiwi
- ISLAND GODDESS -**
Pineapple, mango, banana, kiwi
- SUBLIME -**
Strawberry, mango, mint, cucumber, beet, lime, apple, pineapple

PROTEIN SHAKES

12oz	16oz	20oz	24oz
6.99	7.49	7.99	8.49

- COFFEE LOVERS -**
Banana, vanilla syrup, cold brew, coconut milk, choice of protein
- MARCUS -**
Blueberry, mango, grape, yogurt, soy milk, choice of protein
- NUTTY PROFESSOR -**
Chocolate sauce, banana, almond milk, peanut butter or almond butter, choice of protein
- PEACHY PROTEIN -**
Peach, apple, mango, coconut milk, choice of protein

*substitute any milk choice for no extra charge

PROTEIN OPTIONS

Hemp, Pea, or Whey